

The Magic of Pilgrimage: Verdú - Rome with Ignatius of Loyola

I enjoy hiking and have very fond memories of my Camino de Santiago and my first excursion on the Ignatian Way. But after a tough hike through the Alps in 2022, where the altitude and steep slopes quickly and repeatedly depleted my energy reserves despite my efforts to replenish my strength, I decided my days of long walks were over.

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