

# **“Go have your adventure!”**

The adventure was physical, social, emotional and spiritual. Physically I discovered the amazing natural beauty of places I had never seen before and overcame the demands I placed upon my body. The social aspect enabled bonding with a fantastic group of people as we walked the Camino and shared the load of conquering the challenges placed upon ourselves, physically and spiritually. The spiritual adventure was about discovering God's voice in the silence of our two hours of meditation in the morning; and coming to an in-depth understanding of St. Ignatius as we walked “the way”.

When I first thought of registering for the pilgrimage my adult children said, ...

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